

Nutritious & Balanced Meals · 营养均衡餐

Balanced Nutrition, Made with Care · 营养均衡·用心搭配 — Healthy & Delicious Every Day · 健康美味每一天



NUTRITIOUS BREAKFAST · 营养早餐

Bread + Butter + Egg + Soy Milk · 面包+牛油+鸡蛋+豆奶



HANDMADE DELICACIES · 美味点心

Crystal Dumplings · 手工水晶饺



HEALTHY SNACKS · 健康小食

Low Oil, Low Salt Crackers · 低油低盐饼干



SOFT & SWEET · 香甜软糯

Red Date Cake · 红龟糕



HOMEMADE DESSERTS · 手工甜点

Peanut Glutinous Rice Balls · 花生糯米糍



WARM & COMFORTING · 暖心粥品

Minced Meat Congee · 肉碎粥

4 Nutritious Meals Daily — every meal with soup, less sugar and less salt

每日4餐·营养均衡 — 每餐配汤，少糖少盐，健康美味每一天

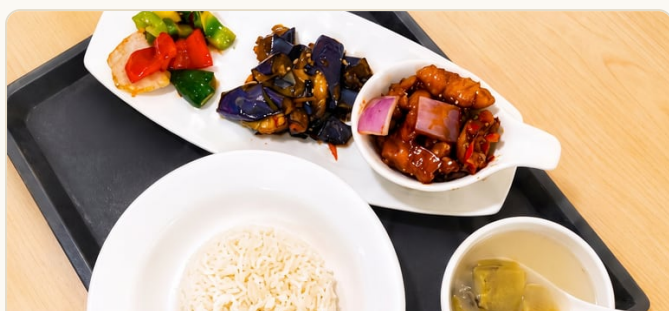
Every Tray, Every Day · 每日餐盘



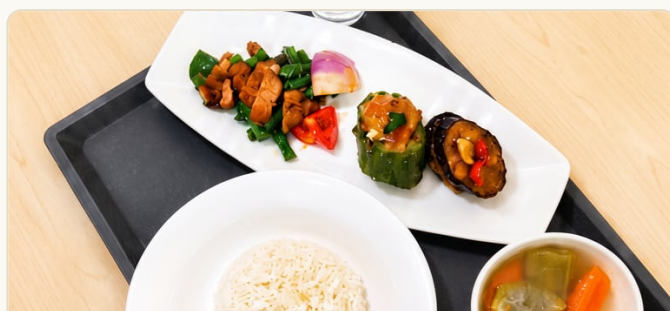
Less Oil · 少油



Less Salt · 少盐



Less Sugar · 少糖



Balanced Nutrition · 营养均衡

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Less Oil, Less Salt · 少油少盐

Fresh Ingredients · 新鲜食材

Cooked with Care · 用心烹饪

Breakfast includes steamed buns, mantou, congee, rice noodles, mushroom soup, and more.
早餐有包子、馒头、粥、米粉、蘑菇汤等。

Afternoon tea includes pastries, biscuits, mung bean dessert soup, barley water, and more.
下午茶有糕点、饼干、绿豆糖水、薏米水等。

We Provide · 我们提供

Chicken · 鸡肉

Pork · 猪肉

Fish · 鱼肉

Chinese / Western Cuisine · 中餐 / 西餐

Cooked with Love, Cared with Heart · 用爱烹调·用心照护